University of New England

ATHLETICS DEPARTMENT
VISITING TEAM GUIDE

Home of the
NOR’EASTERS

University of New of England
Athletics Department
630 Pool Street • Biddeford, ME 04005
207-602-2499
Table of Contents

Administration/Athletic Training/Strength & Conditioning Contacts ........................................2
Coaching Contacts ....................................................................................................................3
Directions ................................................................................................................................4
Athletic Training Services .......................................................................................................5
Sports Information Services .....................................................................................................5
Lodging ......................................................................................................................................6
Food ..........................................................................................................................................6

Athletics Administration

Director of Athletics/SWA
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Assistant Director of Athletics
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Sport Information Director
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Athletic Training/Strength & Conditioning Staff

Head Athletic Trainer
Brian Razak
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Athletic Trainer
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Athletic Trainer
Emily Zoltko
207-602-2135
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Strength & Conditioning Coordinator
Lyndie Kelley
207-602-2073
llibby2@une.edu
Coaches – Men’s Sports

Basketball
Ed Silva – Head Coach
207-602-2396
esilva@une.edu

Cross Country
Ron Ouellette – Head Coach
207-602-2161
rouellette@une.edu

Golf
Kasey Keenan – Head Coach
207-602-2555
kkeenan@une.edu

Football
Mike Lichten – Head Coach
207-602-2499
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Ice Hockey
Kevin Swallow – Head Coach
207-602-2663
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Lacrosse
Charlie Burch – Head Coach
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Soccer
Peter Ostergaard – Head Coach
207-602-2607
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Coaches – Women’s Sports

Basketball
Anthony Ewing – Head Coach
207-602-2616
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Cross Country
Ron Ouellette – Head Coach
207-602-2161
rouellette@une.edu

Field Hockey
Danielle Collins – Head Coach
207-602-2713
dcollins3@une.edu

Ice Hockey
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207-602-2059
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Lacrosse
Sue Estabrook – Head Coach
207-602-2907
sfrost4@une.edu

Rugby
Ashley Potvin-Fulford – Head Coach
207-602-2428
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Soccer
Carly Gettler – Head Coach
207-602-2326
cgettler@une.edu

Softball
Dan Letellier – Head Coach
207-602-2922
dletellier@une.edu

Swimming
Rick Hayes – Head Coach
207-602-2588
rhayes2@une.edu

Volleyball
Karol L'Heureux – Head Coach
207-602-2376
klheureux@une.edu
DIRECTIONS

TO THE HAROLD ALFOND FORUM, UNE’S BLUE STORM STADIUM, UNE’S BLUE BOLT FIELD, AND NOR’EASTER DIAMOND (GPS address of 630 Pool Street):

Harold Alfond Forum - Competition Venues for Basketball, Ice Hockey and Volleyball
UNE’s Blue Storm Stadium – Competition Venue for Football
UNE’s Blue Bolt Field – Competition Venue for Field Hockey and Lacrosse
Nor’easter Diamond – Competition Venue for Softball

From the South:
Take the Maine Turnpike (I-95) to Exit 32 (Biddeford). After passing through the tollbooth, turn left at the traffic light onto Alfred Street (Route 111) and go 1.2 miles, through three traffic lights and being in the right lane at the next intersection (Five Points). Turn left at the traffic light and then make a quick right, staying on Alfred Street (Route 111) for another 1.0 mile. Turn right at the traffic light onto Pool Street (Route 9/208) and go 3.9 miles to approach the campus. Continue straight past the main entrance to campus and proceed 0.2 miles on Pool Street before turning right onto Hedley Reynolds Way. UNE’s Blue Bolt Field is on the right past dormitories. Turn left onto Nor’easter Way. UNE’s Blue Storm Stadium is at the end and Nor’easter Diamond is on far side of stadium.

From the North:
Take the Maine Turnpike (I-95) to Exit 36 (Saco/Old Orchard Beach). After passing through the tollbooth, continue 1.0 mile to Exit 2A (Saco Downtown/Route 1 South). At the end of the Exit 2A ramp, turn right onto Main Street (Route 1) and go 1.0 mile. Turn left at the traffic light onto Elm Street (Route 1) and go 0.1 mile. Turn right onto Summer Street and go 1.5 miles. Make a slight right onto Durrell’s Bridge Road and go 0.3 miles. Turn right onto River Road and go 1.0 mile. Make a slight right, staying on River Road and go 0.3 miles. The entrance to the course will be on the right.

TO THE CAMPUS CENTER AND HAZARD FIELDS | GPS address of 25 Hills Beach Road

Follow the above directions but take a left onto Hills Beach Road (main entrance to campus). The Campus Center and Barbara J. Hazard Fields are 0.3 miles on Hills Beach Road.

TO ROTARY PARK (Cross Country Venue – GPS address of 550 Main Street):

Take the Maine Turnpike (I-95) to Exit 32 (Biddeford). After passing through the tollbooth, turn left at the traffic light onto Alfred Street (Route 111) and go 1.2 miles, through three traffic lights and being in the left lane at the next intersection (Five Points). Turn left at the traffic light onto Elm Street (Route 1) and go 1.0 mile. Turn left at the traffic light onto Main Street and go 1.0 mile. The entrance to the park will be on the right.

TO CAPE ARUNDEL GOLF CLUB (Golf Venue – GPS address of 19 River Road in Kennebunkport):

Take the Maine Turnpike (I-95) to Exit 25 (Kennebunk/Kennebunkport). After passing through the tollbooth, turn left at the end of the ramp onto Fletcher Street and go 1.2 miles to the rotary. Take the third of five possible options, staying on Fletcher Street for another 0.5 miles, and continuing on Dane Street for another 0.2 miles. Turn left onto Park Street and go 0.1 miles. Turn right onto Summer Street and go 1.5 miles. Make a slight left onto Durrell’s Bridge Road and go 0.3 miles. Turn right onto River Road and go 1.0 mile. Make a slight right, staying on River Road and go 0.3 miles. The entrance to the course will be on the right.
ATHLETIC TRAINING SERVICES

Athletic training services will be available before and after all contests. Pre-game preparation will be provided to visiting athletes; however, visiting teams are asked to provide their own medical supplies. If visiting teams are traveling without a Certified Athletic Trainer, please contact the UNE Athletic Training Staff at least 24 hours prior to arrival.

The Summers Athletic Training Room is located in the Harold Alfond Forum.

A Certified Athletic Trainer will be present at all home contests.

Water and ice will be provided to all teams.

Athletic Training Room Equipment and Supplies
- Whirlpool
- Ultrasound
- Electrical Stimulation
- Hydrocollator

A written order from a physician or Certified Athletic Trainer is necessary for athletes who require treatment with modalities beyond moist heat or ice.

Hospital:
Southern Maine Health Care
1 Mountain Road
Biddeford, ME 04005
207-283-7000

Please contact Head Athletic Trainer Brian Razak (brazak@une.edu) with any further questions.

SPORTS INFORMATION SERVICES

Complete results (box score, statistics, etc.) will be available, in the sports of basketball and hockey, for visiting team coaches shortly after an event ends. Results for all other events can be made available upon request. Results and any related information, along with a recap of an event, will be sent to the Sports Information Department of the visiting team, and the media, on the day of the event. All results and recaps will also appear on the UNE Athletics Web site (www.athletics.une.edu) on the day of an event.

Please contact Sports Information Director Tristan Durgin (tdurgin@une.edu) with any further questions.
LODGING
Hampton Inn Saco/Biddeford
48 Industrial Park Road
Saco, ME  04072
207-282-7222 (office)
207-282-7333 (fax)
Ian Pitchforth, Sales Manager
ian.pitchforth@hilton.com
www.hamptoninnsaco.com
(6.9 miles to campus)

FOOD (Lunch/Dinner)
All Biddeford Locations

Louis Pizza – delivery
207-282-2662
52 Alfred Street
(4.1 miles to campus)

Sea Star Market – delivery
207-286-3022
Across from UNE Main Entrance

Amato’s – delivery
207-286-2934
458 Alfred Street
(5.8 miles to campus)

Papa John’s Pizza - delivery
207-284-7200
222 Elm Street
(4.5 miles to campus)

Subway
207-282-9999
52 Elm Street
(4.7 miles to campus)

Domino’s Pizza – delivery
207-282-3388
52 Elm Street
(4.7 miles to campus)

TJ’s Pizza
207-284-6133
366 Elm Street
(5.1 miles to campus)

99 Restaurant & Pub
207-283-9999
444 Alfred Street
(5.6 miles to campus)

Dunkin Donuts
207-283-3737
525 Alfred Street
(5.9 miles from campus)

Longhorn Steakhouse
207-294-4316
510 Mariner Way
(7.3 miles to campus)

FOOD (Breakfast)
Golden Rooster Restaurant
207-282-9003
236 Main Street
Saco, ME 04072
(4.4 miles to campus)

All Day Breakfast
207-283-2928
420 Alfred Street
Biddeford, ME 04005
(5.4 miles to campus)

IHOP
207-401-5700
515 Main Street
Saco, ME 04072
(5.7 Miles to Campus)

FOOD (Breakfast)
Golden Rooster Restaurant
207-282-9003
236 Main Street
Saco, ME 04072
(4.4 miles to campus)

All Day Breakfast
207-283-2928
420 Alfred Street
Biddeford, ME 04005
(5.4 miles to campus)

IHOP
207-401-5700
515 Main Street
Saco, ME 04072
(5.7 Miles to Campus)